



Dear Parents,

Please take a few minutes to review our safety policies with your child.

Thank you,

TDC Management & Staff

#### TDC's Health and Safety Policy

1. Students will be supervised during class time only. Parents/Guardians must ensure the safety of their children in the parking lot, lobby, and restrooms. For the safety of all students, the tumble gym and equipment are off limits before AND after class. Unsupervised use of the equipment is unsafe and increases the chance of accident and injury.
2. DO NOT drop your child off more than 5 minutes prior to the start time of his/her class. If you arrive early for class parents/guardians must wait with their children in the lobby.
3. Please be on time when picking up your child. No child will be allowed to leave the studio with anyone other than a parent unless confirmed with the instructor prior to class, either verbally or via email/text. If you are going to be more than 5 minutes late picking up your child please contact the studio at 738-2700.
4. TDC staff cannot be held responsible for children and young adults outside of the building. We ask that you tell your children to wait INSIDE the studio until they are picked up from class. With the weather changing and the parking lot getting dark earlier, we ask that ALL students avoid waiting in the parking lot for rides. IT IS NOT SAFE! We experience heavy traffic at both studio locations in the evenings and during winter there is snow and ice that add to the danger of the sidewalks and parking lot.
5. Students/parents or guardians should inform the instructor of any special health considerations or existing injuries before participating in any class.

6. Dress codes should be observed at all times, especially footwear for dance, cheer, and tumbling practices to ensure safety while participating in classes.
7. Only indoor dance shoes should be worn inside the studio to protect the floors and for health and safety reasons. Please do not wear outdoor shoes on our dance floors or on the gym mats and equipment.
8. Shoes must be worn when using the restrooms to avoid spreading germs throughout the studio (i.e. dance floors, mats, foam pit, carpet bonded foam etc.).
9. Students should not wear any jewelry that may pose a risk to themselves or others. Stud earrings are acceptable, however, TDC will not be held responsible for the loss of any item in the foam pit or otherwise.
10. No food (or chewing gum) is allowed in the gym or on the dance floors. Water is permitted in closed plastic or metal bottles (no glass). If a student is staying at the studio for several hours, please send them with snacks that aren't messy. Crackers and chips can be tracked throughout the entire facility when they are spilled. Cheese, fruit, vegetables, and other healthy snacks are permitted and encouraged.
11. TDC has a zero-tolerance bullying policy. Please be aware that if your child is involved in bullying (physically or emotionally) you will be asked to meet with a member of management to determine whether or not they will be allowed to remain in their classes. If your child is being bullied by another student, please let a member of our staff know immediately.
12. We are committed to providing a safe environment for your child. If you see or hear of any situation within our studio that could be a safety hazard, please contact a member of our staff immediately.

Phone: 738-2700

E-mail: [tdcathletics@gmail.com](mailto:tdcathletics@gmail.com)

Office Hours: M-Th 9-11 A.M. & 4:30-6:30 P.M.