

| MONDAY   |   | TUESDAY  |   | WEDNESDAY   |   | THURSDAY  |  | FRIDAY   |   |
|--|---|--|---|---|---|---|--|----------|---|
| Studio A   | Studio B  | Studio A   | Studio B  | Studio A  | Studio B  | Studio A  | Studio B   | Studio A | Studio B  |
|  | Rhythm Fitness<br>Adult Fitness<br>Amber<br>8:30-9:20       | Pre-Ballet A<br>3-5 years<br>Jordan<br>9:30-10:00              | Tai Chi<br>Adult Fitness<br>Amber<br>8:30-9:20                  | Pre-Ballet B<br>3-5 years<br>Jordan<br>9:30-10:00                               | Rhythm Fitness<br>Adult Fitness<br>Amber<br>8:30-9:20       | Power Yoga<br>Adult Fitness<br>Amanda<br>8:30-9:30<br><b>\$5 DROP IN ONLY</b> | Tai Chi<br>Adult Fitness<br>Amber<br>8:30-9:20               |          | Rhythm Fitness<br>Adult Fitness<br>Amber<br>8:30-9:20 |
| Tap Tots<br>3-5 years<br>Cristina<br>10:00-10:30                                     |   | Creative Movement<br>2-3 years<br>Jordan<br>10:00-10:30        | JAM<br>Adult Fitness<br>Megan<br>10:00-11:00                    | Taps & Tutus B<br>Combo<br>3-5 years<br>Jordan<br>10:00-10:45                   |   |   | JAM<br>Adult Fitness<br>Megan<br>10:00-11:00                 |          |   |
| Little Dragons<br>3-5 years<br>By Integrity MA<br>Emily<br>3:15-3:45                 | Advanced Contemporary<br>Jordan<br>3:30-4:30                | Pre-Jazz & Hip Hop Combo<br>3-5 years<br>Jordan<br>10:30-11:15 |   | Little Dragons<br>3-5 years<br>By Integrity MA<br>Emily<br>3:15-3:45            | Advanced Jazz<br>Jordan<br>3:30-4:30                        | Clog IV-Yahoos<br>Sara<br>3:30-4:15   |  |          |   |
| Soaring Dragons-Nov<br>5+ years<br>By Integrity MA<br>White-Yellow<br>4:00-4:50      | Taps & Tutus A<br>Combo<br>3-5 years<br>Jordan<br>4:45-5:30 | Clog I-Starts<br>Deb<br>6+ years<br>4:30-5:15                  | Lyrical II<br>Jordan<br>4:00-5:00                               | Soaring Dragons-Nov<br>5+ years<br>By Integrity MA<br>White-Yellow<br>4:00-4:50 | Ballet II<br>Jordan<br>4:30-5:30                            | Hip Hop I<br>6+ years<br>Sara<br>4:15-5:00                                    | Jazz II<br>Jordan<br>4:00-5:00                               |          | Ladies Clog<br>Deb<br>18+<br>4:30-5:30                |
| Soaring Dragons-Int.<br>5+ years<br>By Integrity MA<br>Green-Blue<br>4:50-5:40       | ELITE Mini Character<br>Team Only<br>Jordan<br>5:30-6:15    | Clog II-Starts<br>Deb<br>6+ years<br>5:15-6:00                 | ELITE Tech/Conditioning<br>Team Only<br>Jordan<br>5:00-6:00     | Soaring Dragons-Int.<br>5+ years<br>By Integrity MA<br>Green-Blue<br>4:50-5:40  | ELITE Teen Contemporary<br>Team Only<br>Jordan<br>5:30-6:15 | ELITE Jr. Hip Hop<br>Team Only<br>Sara<br>5:00-5:45                           | ELITE Tech/Conditioning<br>Team Only<br>Jordan<br>5:00-6:00  |          |   |
| Okinawan Kobudo Weapons<br>5+ years<br>By Integrity MA<br>By Invitation<br>5:40-6:10 | ELITE Jr. Jazz<br>Team Only<br>Jordan<br>6:15-7:00          | Ballet I A<br>Jordan<br>6+ years<br>6:00-6:45                  | Pointe I/II<br>Jodie<br>6:00-7:00                               | Soaring Dragons-Adv.<br>5+ years<br>By Integrity MA<br>Red-Black<br>5:40-6:30   | ELITE Teen Jazz<br>Team Only<br>Jodie<br>6:15-7:00          | Lyrical I<br>Jodie<br>6+ years<br>6:00-6:45                                   | Pointe I/II<br>Jordan<br>6:00-7:00                           |          |   |
| Soaring Dragons-Adv.<br>5+ years<br>By Integrity MA<br>Red-Black<br>6:10-7:00        | ELITE Teen Hip Hop<br>Team Only<br>Sara<br>7:00-7:45        | Jazz I<br>Jordan<br>6+ years<br>6:45-7:30                      | ELITE Sr. Jazz<br>Team Only<br>Jodie<br>7:00-7:45               | Pre-Ballet C<br>3-5 years<br>Jordan<br>6:30-7:00                                | ELITE Jr. Lyrical<br>Team Only<br>Jodie<br>7:00-7:45        | Tap I/II<br>6+ years<br>Jodie<br>6:45-7:30                                    | ELITE Sr. Lyrical<br>Team Only<br>Jordan<br>7:00-7:45        |          |   |
| Clog III-Sparks<br>Cristina<br>7:00-8:00   | ELITE Select Hip Hop<br>Team Only<br>Sara<br>7:45-8:30      | Hip Hop II/III<br>10+ years<br>Sara<br>7:30-8:30               | ELITE Select Musical Theater<br>Team Only<br>Jodie<br>7:45-8:30 |   | ELITE Sr. Hip Hop<br>Team Only<br>Sara<br>7:45-8:30         | Ballet III<br>Jodie/Jordan<br>7:30-8:30                                       | ELITE Select Contemporary<br>Team Only<br>Jodie<br>7:45-8:30 |          |   |
|  |   |  |   |   |   |   |  |          |   |

# MONTHLY FEES

## Dance Tuition

30-min. class: \$45/mo.  
45-min. class: \$50/mo.  
1-hour class: \$55/mo.  
Pointe I & II: \$77/ mo.

## Martial Arts Tuition

Little Dragons: \$65/mo.  
Soaring Dragons: \$95/mo.  
Okinawan Kobudo Weapons:  
\$55/mo.

**\$25 Yearly Registration Fee will be charged for all students at time of registration. (up to 3 students/family)**  
**\*Fitness Registrations Excluded\***

## Adult Fitness Tuition

UNLIMITED Rhythm Fitness & TaiChi  
\$35/mo.  
Monday-Friday

Rhythm Fitness ONLY  
\$30/mo.  
Monday/Wednesday/Friday

TaiChi ONLY: \$20/mo.  
Tuesday/Thursday

Cardio JAM: \$20/mo.  
Tuesday/Thursday

Power Yoga:  
NO REGISTRATION REQUIRED  
DROP IN ONLY-\$5  
Thursday

**Fitness Drop-In Fee: \$5/class**

## WEEKEND PARTY/EVENT RENTALS

FRIDAY  
SATURDAY  
SUNDAY

3 Hour Rental  
\$350  
(\$75 refund after cleaning check)

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|--|--|---|--|--|
| <p><b>Tiny Tumbler</b></p> <ul style="list-style-type: none"> <li>• 18 mo-3 years</li> <li>• 9:30-10:00 (A) (M/W) Shelly</li> </ul> <p><b>Tumbling Tots</b></p> <ul style="list-style-type: none"> <li>• 3-5 years</li> <li>• 10:00-11:00 (A) Shelly</li> <li>• 3:15-4:15 PM (B) Shelly</li> </ul> <p><b>Power Tumbling I Beg</b></p> <ul style="list-style-type: none"> <li>• 6+ years</li> <li>• 4:15-5:15 PM (A) Shelly</li> </ul> <p><b>Power Tumbling I Adv</b></p> <ul style="list-style-type: none"> <li>• 6+ years</li> <li>• 5:15-6:15 PM (A) Shelly</li> </ul> <p><b>Power Tumbling II</b></p> <ul style="list-style-type: none"> <li>• 6+ years</li> <li>• 6:15-7:15 PM (A) Shelly</li> </ul> <p><b>Tumbling &amp; Tricks</b></p> <ul style="list-style-type: none"> <li>• 10+ years</li> <li>• 5:00-6:00 PM (A) Derek</li> </ul> | <p><b>Tiny Tumbler</b></p> <ul style="list-style-type: none"> <li>• 18 mo-3 years</li> <li>• 9:30-10:00 AM (B) Ashley</li> <li>• 10:30-11:30 AM (C) Shelly</li> </ul> <p><b>Tumbling Tots</b></p> <ul style="list-style-type: none"> <li>• 3-5 years</li> <li>• 10:00-11:00 AM (C) Ashley</li> <li>• 4:15-5:15 PM (D) Shelly</li> </ul> <p><b>Power Tumbling I</b></p> <ul style="list-style-type: none"> <li>• 6+ years</li> <li>• 11:00-12:00 PM (A) Ashley</li> </ul> <p><b>Power Tumbling I Beg</b></p> <ul style="list-style-type: none"> <li>• 6+ years</li> <li>• 5:15-6:15 PM (B) Shelly</li> <li>• 6:30-7:30 PM (C) Ashley</li> </ul> <p><b>Power Tumbling I Adv</b></p> <ul style="list-style-type: none"> <li>• 6+ years</li> <li>• 4:15-5:15 PM (B) Ashley</li> </ul> <p><b>Power Tumbling II</b></p> <ul style="list-style-type: none"> <li>• 6+ years</li> <li>• 6:15-7:15 PM (B) Shelly</li> </ul> <p><b>Power Tumbling II/III</b></p> <ul style="list-style-type: none"> <li>• 6+ years</li> <li>• 6:30-8:00 (A) (M/W) Callee</li> </ul> | <p><b>Tiny Tumbler</b></p> <ul style="list-style-type: none"> <li>• 18 mo-3 years</li> <li>• 9:30-10:00 AM (A) (M/W) Shelly</li> </ul> <p><b>Tumbling Tots</b></p> <ul style="list-style-type: none"> <li>• 3-5 years</li> <li>• 10:00-11:00 AM (E) Shelly</li> <li>• 5:15-6:15 PM (F) Shelly</li> </ul> <p><b>Power Tumbling I Beginning</b></p> <ul style="list-style-type: none"> <li>• 6+ years</li> <li>• 6:15-7:15 PM (D) Shelly</li> </ul> <p><b>Power Tumbling I -Adv</b></p> <ul style="list-style-type: none"> <li>• 6+ years</li> <li>• 4:15-5:15 PM (C) Shelly</li> </ul> <p><b>Cheer Fundamentals Level II</b></p> <ul style="list-style-type: none"> <li>• 9-11 years</li> <li>• 4:30-6:00 PM Brook</li> </ul> <p><b>Level III</b></p> <ul style="list-style-type: none"> <li>• 10+ years (COACH APPROVAL)</li> <li>• 6:00-7:30 PM Brook</li> </ul> | <p><b>OPEN BOUNCE Thursday Only</b></p> <p>9:00-11:00 AM</p> <p>\$8—1 child<br/>\$11—2 children<br/>\$15—3 or more children (same family)</p> <p><b>Power Tumbling I -Beg</b></p> <ul style="list-style-type: none"> <li>• 6+ years</li> <li>• 6:30-7:30 PM (E) Ashley</li> </ul> <p><b>Power Tumbling II</b></p> <ul style="list-style-type: none"> <li>• 6+ years</li> <li>• 4:15-5:15 PM (C) Ashley</li> </ul> <p><b>HUGS UNlimited</b></p> <ul style="list-style-type: none"> <li>• 7+ years</li> <li>• 4:45-5:45 PM Brook</li> </ul> <p><b>Power Tumbling II/III</b></p> <ul style="list-style-type: none"> <li>• 6+ years</li> <li>• 6:30-8:00 (A) (M/W) Callee</li> </ul> <p><b>Cheer Fundamentals Tots Cheer (3-5 years)</b></p> <ul style="list-style-type: none"> <li>• 4:15-4:45 PM (D) Brook</li> </ul> <p><b>Level I (6-9 years)</b></p> <ul style="list-style-type: none"> <li>• 5:45-6:45 PM Brook</li> </ul> | <p><b>TDC TEAMS OPEN GYM</b></p> <p>9:00-10:00 AM</p> <p><b>\$5 DROP IN FEE</b></p> <p>-SCHOOL SCHEDULE PERMITTING-</p> <p><b>Tiny Tumbler</b></p> <ul style="list-style-type: none"> <li>• 18 mo-3 years</li> <li>• 11:00-11:30 AM (D) Ashley</li> </ul> <p><b>Tumbling Tots</b></p> <ul style="list-style-type: none"> <li>• 3-5 years</li> <li>• 10:00-11:00 AM (G) Ashley</li> </ul> <p><b>Power Tumbling I</b></p> <ul style="list-style-type: none"> <li>• 6+ years</li> <li>• 11:30-12:30 PM (B) Ashley</li> </ul> <p><b>HUGS UNlimited TOTS (Sensory Friendly)</b></p> <ul style="list-style-type: none"> <li>• 3-6 years</li> <li>• 1:00-1:45 PM (A) Brook</li> </ul> |
| <p><b>WEEKEND PARTY/EVENT RENTALS</b></p> <p><b>FRIDAY SATURDAY SUNDAY</b></p> <p>3 Hour Rental \$350 (\$75 refund after cleaning check)</p>   | <p><b>COMPETITION TEAM PRACTICE</b></p> <p>TDC Elite Team ACRO (Team placement req.)</p> <ul style="list-style-type: none"> <li>• 5:00-6:00 PM (A) Jordan/Jodie</li> </ul> <p>Comp Tumbling Teams</p> <ul style="list-style-type: none"> <li>• Team placement req.</li> <li>• 5:00-6:30 PM Mini/Prep</li> <li>• 5:00-8:00 PM Int &amp; Adv ClairAnn/Robin/Ashley</li> </ul>  | <p><b>COMPETITION TEAM PRACTICE</b></p> <p>TDC Elite Team ELITE Select ACRO (Team placement req.)</p> <ul style="list-style-type: none"> <li>• 7:45-8:30 PM Jodie</li> </ul>  | <p><b>COMPETITION TEAM PRACTICE</b></p> <p>TDC Elite Team ACRO (Team placement req.)</p> <ul style="list-style-type: none"> <li>• 5:00-6:00 PM (A) Jordan/Jodie</li> </ul> <p>Comp Tumbling Teams</p> <ul style="list-style-type: none"> <li>• Team placement req.</li> <li>• 5:00-6:30 PM Mini/Prep</li> <li>• 5:00-8:00 PM Int &amp; Adv ClairAnn/Robin/Ashley</li> </ul>  | <p><b>FRIDAY CLASSES WILL ONLY BE HELD 3 WEEKS PER MONTH.</b></p> <p><b>SPECIFIC CLASS/INSTRUCTOR SCHEDULES WILL BE POSTED IN CLASS RESOURCES THROUGH THE PARENT PORTAL</b></p>  |

**MONTHLY FEES**

**Tumbling Tuition**

Tiny Tumbler  
---2/week (TT A only): \$45/mo.  
---1/week: \$30/mo.

Tumbling Tots: \$65/mo.

Power Tumbling I: \$65/mo.

Power Tumbling II: \$65/mo.

Power Tumbling II/III  
---2/week Mon & Wed: \$160/mo.

Tumbling & Tricks: \$65/mo.

**UNlimited HUGS Program**

UNlimited Tot: \$55/mo.  
UNlimited: \$65/mo.

**Cheer Tuition**

Tots: \$45/mo.  
Level I: \$55/mo.  
Level II: \$65/mo.  
Level III: \$65/mo.

**Competition Tumbling Tuition**

Mini/Prep (M/W): \$160/mo.  
Intermediate (T/Th): \$200/mo.  
Advanced (T/Th): \$200/mo.

*\$25 Yearly Registration Fee will be charged for all students at time of registration. (up to 3 students/family)*