

## TDC ATHLETICS 2023 SUMMER CLASS SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
Studio A Studio B	Gym	Studio A Studio B	Gym	Studio A Studio B	Gym	Studio A Studio B	Gym	Studio A/B Gym
Rhythm Fitness Adult Fitness Amber Studio B 8:30-9:20		TaiChi Adult Fitness Amber Studio B 8:30-9:20	Mini/Prep Comp Tumbling By Invitation Only ClairAnn/ Ashley 10:30-12:00	Rhythm Fitness Adult Fitness Amber Studio B 8:30-9:20		TaiChi Adult Fitness Amber Studio B 8:30-9:20	Mini/Prep Comp Tumbling By Invitation Only ClairAnn/ Ashley 10:30-12:00	Rhythm Fitness Adult Fitness Amber Studio B 8:30-9:20
Soaring Dragons-Nov. By Integrity MA White-Yellow Belts 3:50-4:40			Int/Adv Comp Tumbling By Invitation Only ClairAnn/Robin 8:30-11:30	Soaring Dragons-Nov. By Integrity MA White-Yellow Belts 3:50-4:40			Int/Adv Comp Tumbling By Invitation Only ClairAnn/Robin 8:30-11:30	
Soaring Dragons- Int/Adv By Integrity MA Green-Black Belts 4:40-5:30				Soaring Dragons- Int/Adv By Integrity MA Green-Black Belts 4:40-5:30				
Okinawan Kobudo Weapons By Integrity MA By Invitation Only 5:30-6:00								
<p><b>This is only the schedule for classes that will be held continuously throughout the summer. Please see the <u>Summer Camp Schedule</u> for weekly camps. You may register by visiting <a href="http://www.tdcathletics.com">www.tdcathletics.com</a></b></p>								

**TDC ATHLETICS**  
**Summer Class Pricing**  
 Classes billed the 15<sup>th</sup> of each month  
 (June/July/Aug)  
 We will prorate tuition according to  
 weeks of classes offered each month.

**SUMMER COMPETITION TEAM**  
**Tumbling**  
 Begins 6/19  
**Intermediate & Advanced Team**  
**\$200/mo.**  
**Mini/Prep Team**  
**\$160/mo.**

**SUMMER MARTIAL ARTS**  
 Begins 6/19  
**Soaring Dragons--2 classes/wk.**  
**Novice/Intermediate/Advanced**  
**\$95/mo.**  
**Weapons--1 classes/wk.**  
**\$55/mo.**

**SUMMER FITNESS CLASSES**  
 Unlimited RF & TaiChi: \$35/mo.  
 Monday-Friday  
 Rhythm Fitness: \$30/mo. M/W/F  
 TaiChi: \$20/mo. T/Th  
 Drop-In Fee: \$5/class