

TDC ATHLETICS 2024 SUMMER CLASS SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
Studio A Studio B	Gym	Studio A Studio B	Gym	Studio A Studio B	Gym	Studio A Studio B	Gym	Studio A/B Gym
Zumba Adult Fitness Amber Studio B 8:30-9:20		TaiChi Adult Fitness Amber Studio B 8:30-9:20	Mini/Prep Comp Tumbling By Invitation Only ClairAnn/ Ashley 9:00-10:30	Zumba Adult Fitness Amber Studio B 8:30-9:20		TaiChi Adult Fitness Amber Studio B 8:30-9:20	Mini/Prep Comp Tumbling By Invitation Only ClairAnn/ Ashley 9:00-10:30	Zumba Adult Fitness Amber Studio B 8:30-9:20
Soaring Dragons- Nov/Int/Adv By Integrity MA White-Yellow Belts 4:10-5:00			Int/Adv Comp Tumbling By Invitation Only ClairAnn/Robin 9:00-12:00	Soaring Dragons- Nov/Int/Adv By Integrity MA White-Yellow Belts 4:10-5:00			Int/Adv Comp Tumbling By Invitation Only ClairAnn/Robin 9:00-12:00	
Soaring Dragons- Int/Adv By Integrity MA Green-Black Belts 5:00-5:50				Soaring Dragons- Int/Adv By Integrity MA Green-Black Belts 5:00-5:50				
Okinawan Kobudo Weapons By Integrity MA By Invitation Only 5:50-6:20								
<p>This is only the schedule for classes that will be held continuously throughout the summer. Please see the <u>Summer Camp Schedule</u> for weekly camps. You may register by visiting www.tdcathletics.com</p>								

TDC ATHLETICS Summer Class Pricing

Classes billed the 15th of each month
(June/July/Aug)

We will prorate tuition according to
weeks of classes offered each month.

SUMMER COMPETITION TEAM

Tumbling

Begins 6/17

Intermediate & Advanced Team

\$200/mo.

Mini/Prep Team

\$160/mo.

SUMMER MARTIAL ARTS

Begins 6/17

Soaring Dragons--2 classes/wk.

Novice/Intermediate/Advanced

\$95/mo.

Weapons--1 classes/wk.

\$55/mo.

SUMMER FITNESS CLASSES

Unlimited RF & TaiChi: \$35/mo.

Monday-Friday

Rhythm Fitness: \$30/mo. M/W/F

TaiChi: \$20/mo. T/Th

Drop-In Fee: \$5/class